LIFEGUARD

DISTINGUISHING FEATURES OF THE CLASS:

The work involves responsibility for routine patrol tasks insuring the safety and welfare of swimmers at a municipal park beach and/or school or public pool. Incumbents employ lifesaving rescue techniques to assist swimmers who are experiencing difficulty. A Lifeguard is also responsible for enforcing safety rules. The work requires the exercise of sound judgment in emergency situations. The work is performed under the supervision of the Recreation Supervisor or similar level position, or school Principal; and is carried out in accordance with established policies and procedures. Does related work as required.

TYPICAL WORK ACTIVITIES: (Illustrative Only)

Stands watch at a swimming pool or municipal beach to keep swimmers within bounds and to identify swimmers experiencing difficulty;
Rescues and/or provides aid to swimmers experiencing difficulty, by using a variety of life-saving techniques;
Administers first-aid including artificial respiration, and resuscitation techniques as required;
Notifies emergency medical personnel if necessary;
Enforces safety rules to insure the safety, health, and welfare of swimmers;
May perform routine custodial or maintenance work such as cleaning locker rooms, disposing of garbage, hosing down decks at a swimming pool or beach; and repair and maintenance of equipment;
May instruct individuals or groups in swimming techniques;
Enforces compliance with rules of behavior, and maintains the orderly conduct of swimmers and visitors;
Performs other duties as assigned.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Good knowledge of lifesaving principles and practices as applied to aquatics;
Good knowledge of first-aid principles and techniques;
Skill in aquatic lifesaving and rescue techniques;
Ability to swim at an advanced level;
Ability to administer first-aid including artificial respiration;
Ability to secure the cooperation of others;
Ability to perform routine custodial and maintenance work;
Ability to follow oral and written instructions, maintain records, and make simple reports;
Excellent powers of observation, and mental alertness;
Ability to perform in a reasonable manner the essential functions of the position, including all duties and activities related to the physical demands of the position.

MINIMUM QUALIFICATIONS:

a) Must be at least 15 years old; AND
b) Possession of a current Lifeguard Certification from a recognized certifying agency acceptable to the New York State Department of Health. (i.e. The American Red Cross Lifeguard Training Course). May require “Waterfront Lifeguarding Module”; AND
c) Possession of a current American Red Cross Basic Life Support for the Professional Rescuer Cardiopulmonary Resuscitation (CPR) certificate or American Heart Association Course “C” CPR certificate, or acceptable equivalent certificate. Certification period must not exceed one year; AND
d) Possession of a current American Red Cross Standard First Aid certificate or acceptable equivalent certificate recognized by the New York State Department of Health (Lifeguard Training Course may include First Aid).

SPECIAL REQUIREMENTS FOR ACCEPTANCE OF APPLICATIONS:

a) According to the New York State Department of Health Lifeguard Certificates and First Aid Certificates may be valid for either 2 or 3 years (certificate must reflect the dates during which it is valid).
b) CPR Certificates must be renewed annually, therefore, must be dated within the last year.